

religious devotees since ancient times. The water is believed to cure a wide variety of diseases and is recognized by the Ministry of Environment as one of the nation's 100 most prominent bodies of water. The cave is located in a mountain valley and is accessed via a pathway that is surrounded by trees and lined by more than 200 stone Buddha statues, leaving visitors with the feeling that they have entered another world. **3** 076-472-4711

## 3 Ganmokuzan Ryusenji Temple

trees, earning it designation as a natural monument. The temple is also perfectly placed for a leisurely stroll around Mt. Kushigata, where you'll find stones for seated meditation that once played a key role in the founding legends of mountain worship. "Forest therapy" workshops are **2** 076-472-0699

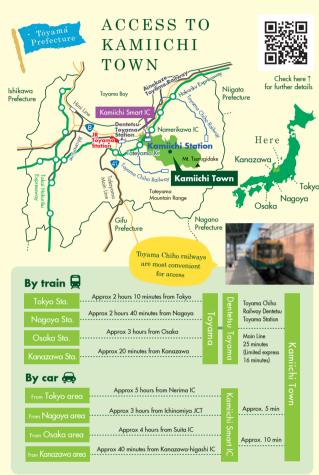
2 Oiwa-san Nissekiji Temple

The head temple of Shingon Buddhism, an esoteric sect that is said to have begun practice in the year 725. The Buddhist rock carvings within the temple grounds were chiseled by worshipers and have been recognized as national historical monuments and important cultural properties. In particular, the rock carving of Fudo Myo-o, standing more than three meters tall, has been praised for its size, beauty and preservation as one of the most outstanding examples of its kind in all of Japan. As such, the temple is a frequent pilgrimage site for worshipers from all over the nation. 1 Mt. Tsurugidake



Shinto God Ame-no-Tajikarao no Kami and the God's original Buddhist divinity, Fudo Myo-o, making it a common site for religious devotion. In terms of nature, culture, industry, and even the daily life of local residents, Mt. Tsurugidake is the source of all that is Kamiichi Town.

Check the marks on the map to find scenic spots on the slopes of Mt. Tsurugidake.









Experience the world that inspired the film

Since the release of the animated film "Wolf Children" in 2012, as many as 10,000 people continue to visit this house every year. The film's director, Mamoru Hosoda, hails from Kamiichi Town. As the model for the traditional mountain home of the film's main characters, this building has become "sacred ground"



Designated National Historic Site

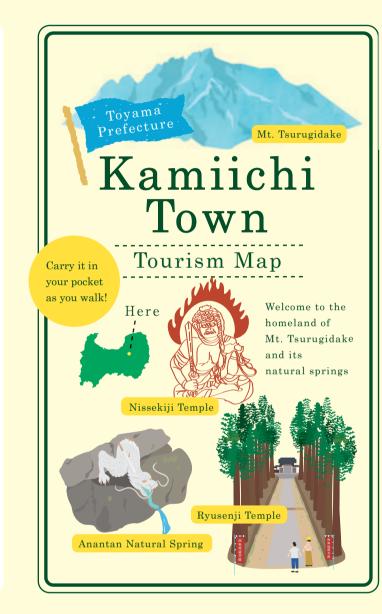
6 Kamiichi Kurokawa

Archaelogical Ruins

On grounds of Kurokawa, Kamiichi Town, Nakaniikawa 076-472-1111

Designated National Historic Site

Several religious artifacts have been discovered in these ruins, including the emains of sutra mounds, cemeteries, and temples dating from the Heian (794 to 1185) period to the Kamakura (1185–1333) period. These disco make it a place of great importance for those who seek to understand the origin and development of the religious faiths that center around the Tateyama Mountain Range. The Kurokawa area is also the birthplace of Masayasu Kurokawa, one of the doctors who laid the foundation for Kanazawa University's medical school. A monument to him can be seen in the parking lot next to Anantan Natural Spring.



TEL 076-472-1515 FAX 076-472-1514

http://kamiltabi.net/

Relax and enjoy

2022 March



Kamiichi Town is home to a number of the which are kept on display here. The documents and exhibits concerning the Kamiichi Kurokawa Historical Ruins and Yuminosho Castle Ruins are of special interest.

☎ 076-473-8100 ❷ 9 AM - 5 PM (Final entry at 4:30 PM) ■ Closed on Mondays (or the next day if Monday is a public holiday) ■ Free of charge

14 Yuminosato Hall of Cultural History



A place where visitors can learn about medicinal plants, this facility is symbolic of Toyama Prefecture's reputation as the capital of Japanese pharmaceutics. In May, Chinese and Mountain peonies reach full bloom, while in November, Chinese Quinces take on their golden hue.

□ 076-472-0801 9 AM - 5 PM
 □ Closed on Saturdays and public holidays (outdoor visits are permitted year-round)
 □ Free of charge

15 Toyama Prefecture Medicinal Plant Guidance Center



This museum aims for a harmony between nature, religion and art. Visitors can enjoy the museum's ermanent collection, which includes exhibits evoted to treasures from the silk road, Russian Orthodox paintings, modern mandalas, and paintings from the nations of Eastern Europe.

₫ 076-472-4352 ☑ 9:30 AM - 4:30 PM (final entry at 4 PM) Closed on Mondays (Open if Monday is a public holiday but closed the following day) \*Also closed during the New Year's holiday period

and at other irregular times)

ond at other irregular times)

ond at other irregular times)

Permanente whibition (general admission, 500 yen);
special exhibitions (general admission, 700 yen)
special exhibitions (general admission, 700 yen)

Have fun while experiencing nature!



Located at the foot of Mt. Tsurugidake, this park is the perfect place to get up close and personal with the nature of the surrounding forests and the with the nature of the surrounding forests and the No. 2 Kamilichi River Dam. With spots for RV camping and barbecue pits, it offers many ways to get your fill of the outdoors and take in beautiful natural scenery.

Shin Shizen Natural Park



12 Maruyama Park

This sports facility has everything you need, from artificial grass slopes to baseball fields, tennis courts that are open day and night, a gymnasium, open fields that can be used for soccer or track & field, and a multi-use indoor plaza where you can play gateball, even when it's raining outside.

☑ 0.76-472-5300 ☑ Hours: Weekdays 9 AM - 9 PM (baseball fields and multi-use plaza are accessible until sundown); Sundays and Public Holidays: 9 AM - 5 PM ☑ Closed on Mondays (or the next day if Monday is a public holiday), as well as during the New Year's Holiday period.



As the foothold of Mt. Tsurugidake, Banbajima is visited regularly by mountain climbers. It is surrounded by the lush nature of Chübu-Sangaku National Park and home to accommodations such as Banbajima Lodge. The area is located between the Tateyama and Shirahagi rivers, the waters of which provide visitors with tranquil "background

[Banbajima Cottage] 2076-472-3080
20 Open season: Summer period, Mid-April to Early
November (During the winter period, the lori gate is
closed and cars cannot enter) 13 Banbajima

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nded hiking routes Courses ◀ Scan for further details Walk past Tane Village to find the entrance to the mountain hiking paths. You'll be face to face with a panoramic view of Mt. Tsurugidake and Mt. Dainichidake, as well as the beautiful terraced quired: 2 hours on foot, round-trip m break: none 7 Mt. Hageyama Hiking Trail (464.7m) Access the trail by crossing the bridge at the rear of the Oiwa bus stop plaza. There is no pass at the summit where the Myogadaniyama Mountain Castle Ruins are located, but you will find a 360 degree panoramic view of beautiful natural scenery throughout all four seasons. Required time: 3 hours on foot, round trip Bathroom break: Before entering the the Oiwa 8 Mt. Jogadaira Hiking Trails (446.5m) Can be accessed from the center of Furusato Tsurugi Shin Shizen Natural Park, which is located atop the No.2 Kamiichi River Dam. Fron the pass, you can see the waters of the Hayatsuki River and a panoramic view of Mt. Tsurugidake. me required: 3 hours on foot, round trip athroom break: Before entering Furusate 9 Mt. Sengokujoyama Hiking Trails (757.6m) Banbajima bridge. At the trail's peak, you will



find a stunning direct view of Mt. Tsurugidake in all its glory, along with Mt. Yakushidake to the south and Mt. Kekachi to the north. required: approx. 4 hours on foot, r room break: Bathrooms at Banbaiir

10 Mt. Nakayama Hiking Trails(1,255.2m)

Experiences you'll find nowhere else



Kamiichi is a town with a strong spiritual legacy and that history remains alive within the sacred grounds of Oiwa-san Nissekiji Temple. There, visitors can experience present-day ascetic practices, such as waterfall cleansing ceremonies, copying of sutra, and a pilgrimage around the temple grounds. Their full experience plan, complete with a meal, is especially popular

As a prominent temple in the Soto School of Buddhism, Ganmokuzan Ryusenji Temple hold

morning meditation sessions on the first Sunday of

each month, as well as full day experiences, including a whole day spent doing Zazen meditation

Experience ascetic religious cermonies at Oiwa-san Nissekiji Temple



"Zen" at Sakka Temple

copying sutra, and assisting with daily temple chores. In addition, they also offer a "Zen Wedding" ceremony that follows traditional Zen precepts. For those that take part, it will surely be a memorable event that will strengthen the bonds of any marriage. Collectively, the Sakka, Oiwa, and Banbajima areas have been recognized for their natural scenery and historical culture as "Tsurugidake irameki no Mori." one of the nation's rare orest therapy" sites (officially designated in

Forest Therapy Sessions

Yuminosho Castle Ruins Located next to present-day Yuminosato Hall of Cultural History. It served as a residence for members of the Doi Clan, who once ruled the Nakaniikawa region.

gadaniyama Mountain Castle Ruins

ocated on the present-day grounds of Saiyoji Temple. It as a citadel residence for the Doi dan, who also ossessed a larger castle in Horie.

Sengoku Mountain Castle Ruins A mountain castle located atop Mt. Sengokujoyama. It was the major mountain castle of the Horie branch of the Doi clan. Inamura Castle Ruins

2012). Guides are waiting to take you on a

unique program that takes advantage of these

Located on a mountain summit that overlooks the north end of the Kamiichi River Dam. The Lord of the castle is said to Kakizawa Castle Ruins

Located atop the right bank of the Oiwa River as it nears the plains. It was the residence of the Yuminosho branch of the Doi clan.

Near the border between Kamiichi Town and Namerikawa City, it was the castle located at the mountain's summit. The lords of the castle were the Minowa clan.





were built to ensure fair distribution of water to the local community. Because of their size and powerful presence, they have become popular

\*Please note that it is not a public water drawing facility

as a hidden tourist spot.

With extremely soft water that has a hardness of approximately five degrees on the water hardness scale, this is a well known natural spring whose waters are enjoyed on a daily basis by local residents.

P Free parking available

Natural springs that have long been said to benefit vision.

Natural springs associated with the legendary monk Kobo Daishi.

Travelers from around Japan come just to visit these waters.

¥ 550 yen for adults

https://www.yunomiko.com.

Irregular (open for day trips)

https://www.tsurugi-koizuki.com/

¥ 700 yen for adults

Tuesdays (or the next day if Tuesday is a

http://www.net3-tv.net/~oiwakukan/

national holiday)

¥ 440 yen for adults

New Year's Day) ¥ 610 yen for adults

https://kamiichimachi-zaidan.jp/